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"Human anatomy and physiology is a complex yet fascinating subject, and is perhaps one of the most personal subjects a student will encounter during his or her education. It is also a subject that can create concern for students because of the sheer volume of material, and the misconception that "it is all about memorization." The study of human anatomy and physiology really comes to life in the anatomy and physiology laboratory, where students get hands-on experience with human cadavers and bones, classroom models, preserved and fresh animal organs, histology slides of human tissues, and explore the process of scientific discovery through physiology experimentation. Yet, most students are at a loss regarding how to approach the anatomy and physiology laboratory. For example, students are often given numerous lists of structures to identify, histology slides to view, and "wet labs" to conduct, but are given comparatively little direction regarding how to recognize structures, or how to relate what they encounter in the laboratory to the material presented in the lecture. In addition, most laboratory manuals on the market contain little more than material repeated from anatomy and physiology textbooks, which provides no real benefit to a student. This laboratory manual takes a very focused approach to the laboratory experience, and provides students with tools to make the subject matter more relevant to their own bodies and to the world around them. Rather than providing a recap of material from classroom lectures and the main textbook for the course, this laboratory manual is much more of an interactive workbook for students: a "how-to" guide to learning human anatomy and physiology through touch, dissection, observation, experimentation, and critical thinking exercises. Students are guided to formulate a hypothesis about each experiment before beginning physiology exercises. Diagrams direct students in how to perform experiments, and don't just show the end results. The text is written in a friendly, conversational tone to put students at ease as they discover, organize, and understand the material presented in each chapter"--

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The McKinley/O'Connell clinical scenarios are also used in "What Do You Think?", "Can You Apply What You've Learned?", and "Can You Synthesize What You've Learned?" question sets; and career opportunities pursued by students studying A&P are highlighted at the beginning of each chapter. Everyday analogies and practical advice for remembering material are presented in "Integrate: Learning Strategy" boxes. Chapters end with a summary of media tools available to help learn each chapter's content. Users who purchase Connect Plus receive access to the full online ebook version of the textbook.

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